

Voice OF THE RESIDENTS

Vol. 47 • No. 2

Broadmead • Cockeysville, MD

Broadmead Barn Sale!

Friday, October 17
10 a.m. – 3:30 p.m.

&

Saturday, October 18
10 a.m. – 12:30 p.m.

TERRIFIC BARGAINS FOR SALE:

Furniture, Housewares, Linens, Glass
& China, Clothing and Shoes, Small
Appliances, Books, Jewelry, CDs,
Baskets, Holiday Decorations,
Artwork and This & That.

Bring your own tote bags if you can.
Residents, Team Members, Friends
and Family welcome. The sale
supports resident activities.

SEE PAGE 2 FOR MORE DETAILS

Art goes outdoors with new temporary sculpture exhibition

By Anne Perkins



Above, Mary Ann Mear's "Ricochet" is hauled into place. Below, Ernest Ciccotelli's "Rhythmic Objects" is unloaded and awaits unwrapping. Photos by Jackie Mintz.

The Arts Council's newest exhibition, "Sculpture at Broadmead," will be celebrated at a reception at 3:30 p.m. on Thursday, October 9 on the terrace outside the Bistro—inside, in case of inclement weather.

The event will highlight the artistic talents of six sculptors whose work was installed on the campus early in September on sites recommended in the Campus Master Plan. It will also acknowledge two years of research and planning by the Council's Sculpture Advisory Committee, as well as the many programs and conversations that have been held with residents about having a temporary sculpture exhibit on the campus.

The sculptures will be in place until June 2026, spanning three seasons—fall, winter and spring. The Committee will provide further opportunities for resident questions and opinions during the exhibition.

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SUPPORT OUR COMMUNITY

Donating items to the Barn Sale

The Barn Sale accepts donations on Thursdays from 10 a.m. to noon and 2 to 4 p.m., except during the week before the sale, when volunteers are busy organizing inventory. Donations should be clean and in good condition. Deliver items to the Barn Sale workroom in the Lower Hall behind the library. Email Lucy Wright or Lin Hardy with questions about donations or to arrange delivery of furniture and large items.

Barn Sale needs help to set up, take down

Volunteers are needed on Thursday, October 16 at 9:30 a.m. to help set up the Barn Sale, and/or Saturday, October 18 at 1:30 p.m. to take down the Barn Sale. Either assignment takes about two hours.

Tasks include moving tables using carts, setting up the tables, moving boxes of items to be sold from the workroom to the tables and moving some furniture that's for sale from the hallway to the library area.

This is also a great way to meet and work together with other residents. *Contact Barry French to volunteer: Bff1002@comcast.net or 410-382-2843.*

Fall Employee Appreciation Fund to launch November 1

The 2025 Employee Appreciation Fund (EAF) will run from November 1 to 29. Donated funds will be direct-deposited into team members' accounts on December 11, in time for their holiday shopping.

Increasing resident EAF participation from the usual 82% range to at least 85% or more is the goal. As an incentive to give, if resident participation exceeds 85%, the BRA will add \$5,000 to the fund.

The amount of money each team member receives is based on hours of service during the prior six-month period, and is not related to job position or seniority.

BROADMEAD'S PEOPLE

John Mattingly honored in NYC



John Mattingly speaks at the ribbon cutting for a new learning center named for him. Photo by Stan Wilson.

On Wednesday, September 10, Broadmead resident John Mattingly, former Commissioner of the New York City Administration for Children's Services (ACS), was the honored guest at the ribbon cutting ceremony for the John B. Mattingly Learning Center in Manhattan. John was recognized for his "unwavering" commitment and dedication to the safety and well-being of New York City's children and families.

John served as ACS Commissioner from 2004 to 2011. Immediately after starting in the position, John instituted a program to reduce residential care for youth, focusing on family placements instead. The program was a success: in 2004, there were 24,000 children in foster care in NYC, but by 2010, that number was down to 16,000. John also implemented a quality assurance and rating system for ACS child welfare providers and implemented a pioneering data tracking system called ChildSTAT.

Resident's sheep 'graze' her lawn



Linda Michel's sheep greet the morning light.

Text and photo by Willy Sydnor

Perhaps you've noticed the sign saying "Please Do Not Feed The Sheep" when passing by the H cluster on the perimeter road. You may even have looked through the hedge and seen the two life-size white sheep outside H-11.

Linda Michel had sheep, goats and alpacas in addition to many other animals for 11 years before she met her husband, Roger. She not only sheared them (although she says she never really mastered shearing sheep, so had to have it done by a pro), but spun the wool into yarn that she then wove into fabrics—earning her the accurate title of "shepherdess."

One very cold holiday season, she was invited by noted jewelry designer Betty Cooke to demonstrate wool spinning in the window of her shop, The Store Ltd., at the Village of Cross Keys.

After Betty Cooke died last August, the shop was sold. Linda went to look around one last time—and there were these two "sheep." It was kismet. She called Roger, who quickly agreed to their acquisition, and now the sheep are safely grazing as a permanent fixture in the Michels' garden. Visitors are welcome to come take a look.

Teacher and student reunite at Broadmead

Text and photo by Don Killgallon

Broadmead resident Jenny Killgallon—a former English teacher at Maryvale Preparatory School—and her former student at Maryvale, Kirsten Oudin—Broadmead's volunteer coordinator—are together again. A line from the song "Getting to Know You"



(l.-r.) Jenny Killgallon and Kirsten Oudin.

describes their current relationship at Broadmead: "By your students you'll be taught."

Kirsten is teaching Broadmead residents, including Jenny, how to volunteer on- and off-campus, and has shown her former teacher ways she can participate: from meeting with students from area schools to visiting other residents for social interaction.

On the flip side, with Jenny as consultant, Kirsten has been inspired to find ways to harness the expertise of Broadmead's retired teachers to benefit the broader community.

Recalling her experience as Kirsten's English teacher 17 years ago, Jenny remembers, "When I first saw Kirsten at Broadmead, I recognized her instantly because she had been a favorite of mine—always enthusiastic, always prepared, always insightful—a delight to teach."

Of classroom time together so long ago, Kirsten remembers, "Mrs. Killgallon was always a kind and patient teacher. I looked forward to her English class because it was so much fun and so easy to learn from her. I credit my competitive English AP and SAT scores to Mrs. Killgallon, who prepared me all the better for college."

When their time at Maryvale ended, neither imagined their paths would cross again. Jenny and Kirsten are delighted to be together once more, working on volunteer opportunities at Broadmead to help others.

Both share the philosophy of Elbert Hubbard that guides Kirsten's volunteer initiatives at Broadmead: "One great, strong, unselfish soul in every community can actually redeem the world."

BRAF Financial aid available

The Broadmead Residents Assistance Fund (BRAAF) provides financial assistance to any Broadmead resident whose financial assets are becoming depleted to the point that they may have difficulty meeting all their obligations. Contact Jennifer Schilpp, Chief Financial Officer, at 443-578-8063 for information about how to qualify.

Grady Naylor

Month: July 2025

Name: Grady Naylor

Why Honored: Grady is a valued member of the team—dependable, focused, and consistent in his work. He approaches each task with dedication and precision, making him a reliable and trusted part of the Broadmead community.

Current Position: Holly Terrace Server

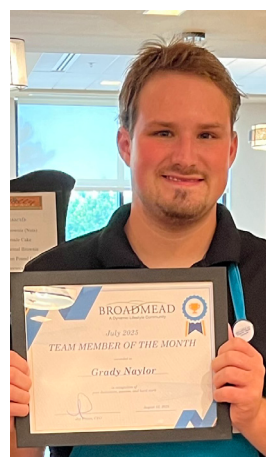
Length of Service at Broadmead: 18 months

Residents Say: Grady truly embodies the values of Community, Integrity, and Serenity. When a resident fell during Sunday Brunch, Grady responded immediately—

calmly reassuring the gentleman that help was on the way and encouraging him to remain still. His response was understated yet confident, offering comfort not only to the resident but also to those nearby. Grady's presence and poise in that moment reflected his deep care and capability.

Awardee Says:

Work can be demanding at times,



Grady Naylor. Photo courtesy of the Human Resources Office.

but there are small perks—like occasionally bringing home dinner. The residents and folks at Broadmead are incredibly kind. I just try to keep doing my best, because I believe that hard work always leads to success.

Broadmead, Inc. to hold annual meeting on Mon., October 27

Residents are invited to attend Broadmead's annual meeting on Monday, October 27 at 4 p.m. in the auditorium.

Fall 2025 Boynton scholars announced

By Donna Mollenkopf

Last year the Boynton Scholarship Fund awarded scholarships of up to \$8,000 each to 33 Broadmead team members—double the number awarded in 2024-2025. Recognizing that continuing to award such an increased number of scholarships at that level was unsustainable, the Boynton Council adjusted the maximum award amounts for 2025-2026 and placed limits on the cumulative maximum for part-time and flex-time team members. Adjusting the parameters of the Scholarship will ensure that funding is available for future applicants.

The Boynton Scholarships are made possible by the continued generosity of residents, team members and friends. Contact Eleanor Landauer, VP of Advancement and Communications, to support the fund.

Fall NCR Trail trips on Thursdays until Nov. 20

The bus to the NCR Trail will depart on Thursdays at 9:30 a.m. from the Lower Level Entrance. It will return at approximately 11:00 a.m. Sign-up is required. Email Health and Wellness at wellness@broadmead.org or call 443-578-x8060.

Broadmead Apiary Honey sale set for Oct. 7

The Broadmead Apiary's Honey Sale starts Tuesday, October 7 at 11:00 a.m. at the Old & New Shop. There will be a limit of one jar per person, due to a production shortage this year. The cost is \$12 per jar. The Old & New Shop will continue the sale until all jars are sold.

Congratulations to the following team members who were awarded Boynton Scholarships in July 2025:

Renewed scholarships

Brooke Johnston is completing her degree in Psychology and Environmental Science at Queens University in Canada.

Shawn Koontz is majoring in Mechanical Engineering at the University of Maryland, College Park.

Miles Forhan is studying International Communications and the Korean language at the University of Maryland, College Park.

Agustin Melian is pursuing a degree in Marketing at Towson University.

Nicole Miller is a student at Stanford Healthcare Services College of Nursing, pursuing her Associate degree.

Eilia Nejad is completing a chemistry track at Towson University and has taken the MCAT (Medical College Admissions Test) in his goal to attend medical school.

Lillie Zielinski is majoring in Cardiovascular Technology at the University of South Carolina.

New recipients

Quinn Crowe is attending the Community College of Baltimore County to pursue Business Administration and Finance.

Violet Gohlinghorst is attending the Community College of Baltimore County to pursue LPN and RN degrees.

Trena Johnson is working to become an RN and is attending the LPN to RN Bridge Program at the Community College of Baltimore County.

Ryan Jones is attending the University of Maryland Baltimore County, majoring in Computer Science.

Maeda Nelson is attending Portage Learning to become an RN.

Abiola Oshin was accepted into the Doctor of Nursing Practice program at Walden University.

Allyson O'Neill is attending the Notre Dame of Maryland University College of Nursing with the goal of becoming a Nurse Practitioner.

Owen Singer is attending the University of Cincinnati to obtain a degree in Biological Science.

William Stegmayer attends Baltimore County Community College and plans to transfer to the University of Maryland Smith School of Business to earn a degree in Finance.

Trafford Wagner attends Towson University, studying Filmmaking and Marketing.

SSVP plans giving outreach to schools

By Pat van den Beemt

Just because school was out for the summer didn't mean Broadmead residents active with the Student Support Volunteer Project (SSVP) got a vacation. They knitted hats, scarves and mittens for students at Padonia Elementary School and Cockeysville Middle School and continued to collect and deliver non-perishable food for families at both schools.

Non-Broadmead folks have been helping out, too. Helen French's friend, Martha Stone, is a master quilter. When she learned that Helen volunteers with the Student Support group, she made two quilts to donate to the school.

The residents' group has plenty of activities on the calendar this fall for Padonia Elementary. In addition to the monthly food pantry which is stocked with food donated by Broadmead folks, the next event will be the October 11 Health Fair at the school. Volunteers will offer face-painting and crafts to students during the fair.

Before being given to the students, the handmade knitted items will be on display on October 29 from 11:30-1:30 in the main hallway of the upper level of the Community Center. The two quilts will also be on display at that time.

For more information about the Student Support Volunteer Project, contact Sandy Angell, Cindy Sugatt or Marion Baker.



Martha Stone (l.), a friend of resident Helen French (r.), made quilts to support the SSVP. Photo by Cathy Pringle.

Tarsha Campbell keeps catering operations moving

Text and photo by Pat van den Beemt

With Thanksgiving, Hanukkah and Christmas not too far off, Tarsha Campbell is ready to help residents celebrate the holidays with food, glorious food. And while these may seem like hectic times these days for most of us, Tarsha is *always* very busy.

She arranges to bring food to cluster picnics, residents' parties, marketing events and numerous receptions held in the auditorium.



Tarsha Campbell prepares for an outdoor event on the Bistro patio.

She can arrange for serving food in a dozen locations, including the OPD hallway and even the woodshop. Whether you want a catered breakfast, lunch, dinner or just some snacks, Tarsha will make it happen.

She asks for at least 72 hours' notice, but said many residents plan far ahead. The second and third weeks in December this year are already fully booked with holiday parties.

There's a limit to how many events she and the kitchen can handle at once, although she delivered 20 complete Thanksgiving dinners to residents last year. And just like McDonald's, Tarsha does take-out. She will bring food that's been pre-ordered out

to a resident's waiting car.

Tarsha said she will post the Thanksgiving menu online in mid-October and two holiday dinner menus will be posted by mid-November. The basic catering menu—which has more than 50 food choices, including everything from crab balls, spinach dip and deviled eggs to grilled or baked salmon, sandwiches and desserts—is available on Caremerge.

She is having fun coming up with new ideas for parties. Last month's "Rodeo pig roast" was one of these, and she's working on plans for a Sip & Paint party and a Masquerade Ball.

Tarsha has been at Broadmead for 21 years. She began as a server in Hallowell and then was a supervisor there. She moved to the Bistro four years ago and now holds the job title of Bistro/Catering Coordinator. She currently works 40+ hours a week—and that "+" becomes a "++" during the holidays.

See page 21 to learn how to arrange a catered event at Broadmead.



Jean Jinho Kim's "Unfurling" stands tall at the entrance canopy of the Broadmad Center. Its bright yellow color, with a bit of green in it, correlates well with surrounding plants. Resident reactions are mixed, which is part of the adventure of the exhibit. Photo by Jackie Mintz.

Temporary sculpture exhibit

from page 1

The works were chosen by the Arts Council's Sculpture Advisory Committee as part of a juried selection process guided by the Council's artistic advisor, Bobby Donovan. The six artists participating in the exhibition are Ernie Ciccotelli, Paul Daniel, Jean Jinho Kim, Mary Ann Mears, Peter Rabins, and Greg Tarczynski. There will be opportunities to learn more about the artists and their work through programs offered by the Arts Council this fall and winter.

From the moment the first piece of sculpture was put in place on September 8 there were questions about the relationship of the artists' work with the spaces in which they were placed. Should the sculpture be turned a little more this way? Should it be in a spot where more people can see it? Should it be closer to the trees? Residents are encouraged to consider such considerations as they view the works.

The ultimate question will be whether outdoor sculpture can be used to enhance the Broadmead campus.

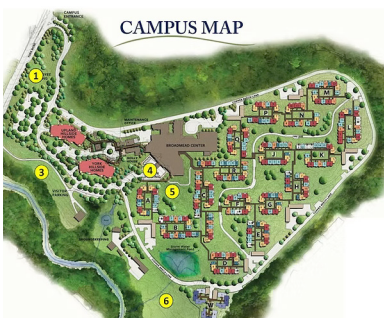


Greg Tarczynski's "In Conversation" is installed in the watershed area along Paw Paw Lane. Photo by Jackie Mintz.

THE ARTS AT BROADMEAD



Above: Peter Rabins' "Dance (Naive Open Mind)" graces the open space outside the Bistro. Right: Paul Daniel's "Castor," a kinetic sculpture, is in the open space just north of the Team Member parking lot. Below: Ernest Ciccotelli's "Rhythmic Objects" can be seen unfurling its ribs in the meadow between Cluster W and the resident gardens. Photos by Jackie Mintz. Yellow dots on the map indicate placement of the sculptures.



East Hall to showcase "Complementary Colors"

During October, the East Hall will be displaying artwork by a group called Complementary Colors. The artists began painting together in 1987. The only original member still participating is Carolyn Murphy, a Broadmead resident (who ruefully adds "and oldest!"). Current members of the group are Sharon Green, Shirley Jenkins, Martha Stoeling, Bonnie Sybert and Darlene Wolinski. "For years we painted together, occasionally *en plein air*. Then came Covid. Now we Zoom and critique [our artwork] once a week, and we occasionally get together for lunch and laughs."

Below, watercolors by Carolyn Murphy: "Leaving Stonington" and "Bouquets in Delft."



New exhibit highlights residents' varied tastes in art

By Ross Jones

For the second time in recent years, a new group of residents has accepted invitations from the Arts Council to lend a treasured painting, drawing, photograph or poster to an exhibit which enables the entire community to see the amazing variety of art that exists in many of our homes.

The exhibition, "Broadmead Collects II," was hung in the Community Center's South Gallery last month and will be on view until the end of December. It features 45 pieces from 36 resident households.

The breadth and diversity of the art loaned for the show is stunning. It embraces large and small abstracts and intimate watercolor drawings, cityscapes of Baltimore neighborhoods, scenes from abroad, portraits, museum posters, works by Australian and Native American artists, and more.



The art was chosen by the Arts Council's Exhibitions Committee. Selections were based on recommendations from Council members, resident collectors themselves, and residents who were aware of their friends' and neighbors' art collections. Jackie Mintz, co-chair of the

Council and chair of its Exhibitions Committee, curated the show. Committee co-chair Gerry Ballek handled the complicated logistics of having the art delivered safely to the Center for installation.

Marsha Howes, chair of the Arts Council's Education Committee, said committee members will soon be offering "conversations" about individual paintings, photographs or posters in the exhibit. In some cases, lenders of the art will participate with committee members in conversations about a particular work.

In addition to learning more about the artworks on display, there are many fascinating "back stories" related to them, so residents should watch for schedules of the "conversations" talks and make plans to attend them.

Until then, when passing through the South Gallery, residents are encouraged to slow down, forget the news of the day, and spend a few minutes with a picture that has captured your attention. The reward for doing that will be greater than one might think.



The variety of styles and subject matter on view in Broadmead Collects II is remarkable. At left is "Message on the Wind," a lithograph by Adrian Wong-Shue, from the collection of Caryl Hedlund and Len Fass. Above, top to bottom: "My Hands Smell of Earth," an oil painting by Mai Stoebe, from the collection of Beth Babikow, and "Come to the Fair," an oil painting by Helen O'Connell, from the collection of Roz and Nelson Hyman.

When is the right time to seek extra help?

By Alice Cherbonnier

One of the challenges of providing support to anyone is often denial or inability to “see” what others may see, or accept what is diagnosed. There may be little support for the opportunity to improve (such as accepting therapy or adding private care in the home or assistance managing medications).

“People tend to under-report what they need,” says Ann Patterson, VP of Health Services. “Nobody likes to ask for help. Residents of Broadmead and their families may be afraid the resident will be asked to move to a higher level of living or modify their home, such as getting rid of rugs. All of us are set in our ways, and modifying the day-to-day isn’t easy.”

Adding and embracing support, however, can be the difference between staying in an independent living home or moving to a higher level, or having a major health event and ending up in sub-acute rehabilitation like Douglass after a hospital stay.

Residents often don’t want to move to a higher level and also don’t want to pay additional costs for private in-home support—but not moving or adding extra help when it’s needed can be a recipe that doesn’t work out. “I like to remind residents that the Broadmead Resident Assistance Fund, called ‘BRAf’ for short, is available if resources have been spent down to the point of not being able to cover monthly needs,” says Ann. BRAf does not pay directly for private care.

Family members may help a resident smooth the way for change by encouraging a transition or adding home services. But what if a resident has no nearby family members to assist with decision-making—or even no family support at all? Broadmead is available to help through personal meetings to discuss resources and options.

Broadmead has a Care Management Committee that meets monthly to confer about any at-risk residents’ potential needs for extra assistance. It keeps track of residents’ adverse incidents, which are

“All of us are set in our ways, and modifying the day-to-day isn’t easy,” says Ann Patterson, VP of Health Services.

reported by team members, other residents, family members, neighbors and friends.

A resident may be exhibiting needs for extra help, such as struggling with medication management, experiencing mobility or balance issues, neglecting self-care, eating outdated food or not cleaning the refrigerator, asking neighbors for care assistance such as dressing and bathing, engaging in hoarding or exhibiting poor personal cleanliness. They may even be using spaces in the home for unsafe storage, such as storing paper in the oven.

When a resident is identified as needing more support, the first step typically is to encourage an assessment and physical examination, which can be done by the Outpatient Department (OPD) or by outside medical professionals. The examination will determine if the resident’s needs are acute (requiring immediate health intervention) or chronic (requiring ongoing management). If it’s the former, care can be arranged to deal with the issue. If it’s the latter, and it appears the resident needs assistance to manage ongoing concerns, a resident and family meeting is requested to review the concerns and develop a plan to improve the situation and to discuss what the plan is for the future, addressing the essential question of “Where do you want to live as the situation continues to change?”

Often the conversation encompasses the resident’s desire to stay in the home. In that case, a plan is needed that is safe, meets the needs of the resident, and does not assume

See next page

HOW TO BECOME MORE ACTIVE: *Ann Patterson, VP of Health Services, stresses that all residents should try to engage in wellness routines that may involve walking, stretching, strengthening muscles, swimming, and balance exercises. “Use it or lose it,” she says with a smile. Broadmead offers many options to help residents to be well, such as reaching out to OPD, Health and Wellness and Social Work to find out what program will be best for a resident. “Broadmead will work hard to meet each resident where they are regardless of limitations,” says Ann. “The first step is to reach out and start the conversation around needs and questions.”*

Seeking extra help

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support from neighbors. Plans may include adding private care, changing to blister pack medication sheets, agreeing to physical therapy or using a mobility device. Such relatively small changes may have significant impact.

If someone wants to move to a higher level of living, Ann says, “We start with a tour and discuss expectations, and then we begin the move-in process when an apartment is available.”

Sometimes intermediate measures may be taken short of “moving upstairs,” such as making a garden home safer and more manageable. If a medical referral for a home assessment is made, it may be covered by insurance. Functional Pathways, the physical therapy practice at Broadmead, can provide this service upon referral from OPD.

After an assessment, helpful measures may be suggested, such as adding grab bars in unexpected places (perhaps by a closet or front door), adding Post-it notes or labeling doors and drawers, or installing large clocks that show days of the week as well as time. The assessment may include observing how a resident works in the kitchen, takes a shower, or gets into or out of bed, with safety suggestions based on these observations.

What if, despite the evidence of need, an independent living resident insists on “staying put” yet refuses to bring in the help needed to function safely in independent living? In such an extreme case, Ann says, the residential contract stipulates that the resident must abide by Broadmead’s policies, and one of these policies covers transitions, setting out the conditions under which Broadmead may ask a resident to leave the campus.

DID YOU KNOW? *Residents in assisted living apartments may host overnight guests by renting a cot or using a sleep sofa in their apartments.*

Changes are on the horizon for Health and Wellness

By Kathleen Truelove

With the departure of former Health and Wellness director Andy Switzer, changes are coming to that department, but not right away. A new director will not be sought until the configuration of the department going forward has been determined.

VP of Health Services Ann Patterson says they are “refreshing and rethinking,” with the focus on “healthy living” rather than “health and wellness.” She says the overarching goal will be “how to meet every resident where they are in terms of wellness.”

Don’t like going to the gym? New exercise options are coming your way!

To this end, a number of thoughts are percolating, with Wellness Coordinators Vanessa O’Brey, Lindsey Rowe, and Ethan Barrett being asked to weigh in.

With the Community for Life program ending (the State of Maryland grant for it has expired), Lindsey and Administrative Assistant Natalie Shane will now have the hours previously devoted to that program available for Broadmead.

Ann wants to reach the people who “just don’t like coming to the gym.” Ideas she mentioned for doing this include redoing the exercise videos, offering yoga classes more often than once a week, having a home exercise program with Vanessa, Lindsey, or Ethan working with residents one-on-one in their homes for a couple of weeks (for a fee), taking advantage of the outdoors, perhaps with a walking club twice a week, a morning stretch session outdoors, and music at a social time in the Bistro or on the patio. She pointed out that residents are entitled to a yearly evaluation of their physical capabilities, but many don’t take advantage of this benefit.

Ann’s message to residents is to share their ideas with her about what they want from Health and Wellness. She can be reached by email at apatterson@broadmead.org.

Want to play Mah Jongg?

Mah Jongg players get together at Broadmead twice a week: on Thursdays at 10:30 a.m. in the Fireplace Room and on Tuesdays at 11 a.m. in the Upland Community Room.

To join the group, or if you are new to the game and want to learn to play, email Sharon Baughan, zbaughan@yahoo.com.

Spring House update

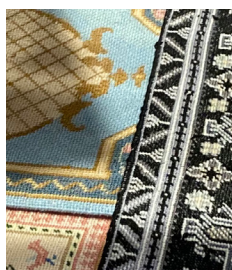
According to Gina Mathias, VP of Sustainability, once pricing information is received, Broadmead will be able to finalize a design and plan for upgrading the Spring House area. Gina expects to inform the community about the plans in the coming weeks.

“The overall goal for the space,” she says, “is to enhance the tranquility, accessibility, and natural beauty of the Spring House and old pool.”

Envisioned improvements include adding an ADA-accessible ramp and seating, completing needed maintenance on the pool, updating the aquatic plantings, screening the maintenance area with new plantings, removing the shipping containers by the barn, and improving the overall plantings.

New trees and shrubs will likely be planted late this fall, with work on the pool scheduled in the spring. “If the process allows,” she says, “we aim to begin the construction of the ADA accessible ramp and complete maintenance on the existing pathway in the late spring or summer.”

Presentations on miniatures to be offered



The display cabinet adjacent to the Front Desk in the Community Center is showcasing “Miniatures as an Art Form” through the month of October. Many of the items are tiny home furnishings made by residents Tom Boytim, a juried artisan of the International Guild of Miniature Artisans (IGMA), and Elsa Collins, whose petit-point carpets are exquisite. Also in the showcase are tiny paintings, ceramics, silver

articles and textiles created by IGMA artisans from the U.S., U.K. and Japan.

Two presentations are planned in conjunction with the Miniature Exhibit. On Tuesday, October 7 at 2 p.m., Elsa Collins will discuss her petit-point miniature carpets and her involvement in the world of miniatures over the years. On Friday, October 24 at 2 p.m. Tom Boytim will discuss the miniatures in the display cases and the history of miniatures as an art form. He will also show attendees the mini-house he built. The presentations will take place in front of the showcase.



Above, a detail from a petit-point carpet by Elsa Collins; at left, a miniature room created by Tom Boytim.



With pooch Hallie looking on, Duncan Booth, Chief Operations Officer of The St. Paul's School, and his mother, resident Jean Booth, display some of the 20 gently used iPads the school has donated to Broadmead. “We are already envisioning technology classes, an iPad library for people to borrow from, technology game classes, and much more,” said Ann Patterson, VP of Health Services. “This donation is indeed a generous gesture and a wonderful example of living in community.”

—IN MEMORIAM—

Mary Burgess

June 6, 1927 - August 16, 2025

Caroline Goldsmith

July 16, 1927 - August 20, 2025

The Dawn Redwood

By Peter Babcox

Between 40 and 60 million years ago, according to the fossil record, the *Metasequoia* was a dominant tree species in the northern hemisphere. With radical shifts in planetary climate patterns and a succession of ice ages, however, it gradually went extinct. Then one day in 1941, as the world was rushing off to war, a forest worker in the mountains of central China's Hubei Province



One of the Dawn Redwoods near Cluster Q. Photo by Bill Hakkarinen.

discovered a small grove of an unknown and unusual tree, a deciduous conifer whose needles turned a vibrant bronze in autumn before falling to earth. Local people called it the “water fir” and revered it as a “spirit tree,” an object of prayer and offerings.

News of the Chinese discovery stirred excitement among botanists around the world. Where had this mysterious tree come from? Paleobotanists, whose work traces the pathways of evolution, analyzed and compared every feature of the living and fossil specimens. They proved identical. It was an astonishing result: “A living fossil...the greatest botanical discovery of the 20th Century!” declared the director of Harvard's Arnold Arboretum.

After the war, the Harvard people had a wonderful idea. They sent an expedition to Hubei Province in China to gather seeds of *Metasequoia Glyptostroboidea*, and they gave the tree which had defeated extinction a new, pronounceable everyday name: Dawn Redwood.

The seeds were sent to botanical gardens, arboretums, universities, public parks and other institutions around the world.

Broadmead was not included, for the simple reason that Broadmead would not exist for another 30 years. So how does it happen that today there are full-grown Dawn Redwoods standing proudly where Cluster Q meets Copper Beech Lane?

Go see these trees for yourself. While we are left with something of a mystery as to how they came to be on our campus, we can rejoice in this gift of life from far away and long, long ago.

Connect with Broadmead's trees via Arborscope

- Resident Doug Fambrough provides this link for the **Arborscope** version that can be used to identify Broadmead's inventoried trees: <https://arborscope.com/mapDisplay.cfm?id=0FCCC0CAE0>

The (survey) results are in!

by Lynne Shue

Roger Karsk was happy with the response to the trail survey that was sent out to residents in August. An estimated 30% of residents returned their surveys. He was pleased to see people are using the lower trails as much as the upper trails.

Comments indicated that the walkers along the Western Run trail wished that the trails were kept more regularly mowed and the bridge kept free of mud after heavy rain. However, Roger pointed out that not all of the Western Run Trail is on Broadmead's land. The portion of the trail marked as “Western Run Trail Extended” is owned by Baltimore City as part of the Loch Raven Reservoir. Also, any changes or improvements to the Western Run trail have to take into consideration the fact that Western Run is designated as a wetland, and thus will have to follow Baltimore County guidelines for wetland management.

Residents felt there needed to be more regular weed whacking on the Upper Ridge Trails. The trail committee also plans to put down more wood chips on uneven sections of the trails caused by large tree roots.

The trail survey elicited discussion about the trail markings along the Ridge Trails. Some residents felt there were not enough clear markings, but Roger pointed out that the trails at Broadmead are actually better marked than those in the surrounding parks.

Many people don't realize that the budget for the trails and their upkeep does not come from Broadmead Inc. or the Broadmead Residents' Association. A former resident of Broadmead, Arthur Rinehart, left a generous endowment fund for the care of the trails, including the third mile of Western Run beyond Broadmead's property.

Help with gardens is available

By Ruth Reiner

The Nature Committee encourages residents to be mindful of the characteristics of the plants they plan to place. Are they native to Maryland? Are they invasive? Do the plants attract and support pollinators?

An important function of the committee is to educate. Toward that end, speakers are invited to make presentations to the community in their area of expertise, and an extensive library on all matters of growing things is maintained in the bookcases in the auditorium.

The Nature Committee welcomes anyone who would like to gain more knowledge about our environment at large and about our community in particular. Several committee members are very knowledgeable in these areas and share their expertise willingly.

Contact Nancy Funk, Nature Committee chair, at 312-310-3865 or nancyfunk5@gmail.com for more information.

Broadmead's horticulturalist, Julia Craddock, serves as an important resource to answer questions and provide gardening advice. Julia may be contacted at 443-578-8022 or maintenance@broadmead.org.

Upcoming Nature Committee Meetings

Auditorium: October 2 & November 6

Seminar Room: December 4

Auditorium: January 8, February 5, March 5, April 2, May 7 & June 4

Lindsey Hamilton joins the Marketing team

Text and photo by Kathleen Truelove

Lindsey Hamilton brings with her to Broadmead 25 years of experience in the senior living field, beginning with sales and marketing at an assisted living facility in Pikesville. She then worked for a time at Evercare Hospice, but found that she



Lindsey Hamilton.

missed working in a community, so she returned to assisted living. About ten years ago she was recruited to a CCRC—Kendal at Collington, in suburban DC. In 2021, with the birth of her third child, she left Collington to do consulting from home. When she was ready to return to work outside her home, she sought out a job at Broadmead because of its reputation in the field.

A graduate of Hood College in Frederick, Lindsey's bachelor's degree is in psychology and her master's is in bereavement and thanatology*. Her professor, Dr. Dana Cable, was a direct student

of Dr. Elisabeth Kübler-Ross. Perhaps ironically, Lindsey taught kindergarten while she pursued her master's degree.

Although Hampstead is home for Lindsey now, she grew up in Marriottsville on land her family has owned since the 1700s. She and her brother have a rescue operation on the property for end-of-life farm animals. Currently, they have two goats and an African goose. Soon they expect to acquire two more goats from BARCS in Baltimore City.

Cooking, Lindsey says, is her "love language." She has written but not published a cookbook. In the past, she was a softball and lacrosse player, but now she is happy to watch the Ravens, Orioles, and University of Maryland teams take the field. An outdoorsy kind of person, Lindsey enjoys planning family field trips to historical sites for her 24-year-old daughter and two sons, ages 15 and 4.

* *The study of psychological and social aspects of death and dying.*

Ridgebrook property records extend back to 1632

By Ed Papenfuse, Maryland State Archivist, retired

In July of 2025, Broadmead Inc. purchased an office complex at the western end of nearby Ridgebrook Road, intending to convert it into a second Broadmead campus. The property has a long history of occupation and use, first by Native American tribes like the Susquehannocks and the Shawnee who hunted and cultivated the land, and then by Europeans.

In 1632 what would become the Broadmead Ridgebrook Campus was a small part of a much larger ill-defined land claim of the Calvert family of Yorkshire, England, who had received it from the King of England by way of a charter written boldly on a piece of parchment long since lost. The description of the boundaries in the land grant is both archaic and largely indeterminate in its language:

“Know Ye therefore, that We, encouraging with our Royal Favour, the pious and noble purpose of the aforesaid Barons of Baltimore, of our special Grace, certain knowledge, and mere Motion, have Given, Granted and Confirmed, and by this our present Charter, for Us our Heirs, and Successors, do Give, Grant and Confirm, unto the aforesaid Caecilius, now Baron of Baltimore, his Heirs, and Assigns, all that Part of the Peninsula, or Chersonese, lying in the Parts of America, between the Ocean on the East and the Bay of Chesapeake on the West, divided from the Residue thereof by a Right Line drawn from the Promontory, or Head-Land, called Watkin’s Point, situate upon the Bay aforesaid, near the river Wigloo, on the West, unto the main Ocean on the East; and between that Boundary on the South, unto that Part of the Bay of Delaware on the North, which lieth under the Fortieth Degree of North Latitude from the Equinoctial, where New England is terminated; And all that Tract of Land within the Metes underwritten (that is to say) passing from the said Bay, called Delaware Bay, in a right Line, by the Degree aforesaid, unto the true meridian of the first Fountain of the River of Pattowmack, thence verging toward the South, unto the further Bank of the said River, and following the same on the West and South, unto a certain Place, called Cinquack, situate near the mouth of the said River, where it disembogues into the aforesaid Bay of Chesapeake, and thence by the shortest Line unto the aforesaid Promontory or Place, called Watkin’s Point; so that the whole tract of land, divided by the Line aforesaid, between the main Ocean and Watkin’s Point, unto the Promontory called Cape Charles, and every one of the Appendages thereof, may entirely remain excepted for ever to Us, our Heirs and Successors.”

It would take almost 372 years to determine the meaning of the southern boundary of Maryland. In a 2003 case before the Supreme Court, it was decided that, although the charter of 1632 seemed to give Maryland all the waters of the Potomac via the grant to the Calverts, in fact Virginia’s Fairfax County (including a certain golf



In 1635 Cecilius Calvert, 2nd Lord Baltimore, published a map of what he imagined were the boundaries of the 1632 Charter of Maryland. This is a 1671 copy of that map, which depicts the charter boundaries as the Calverts interpreted them.

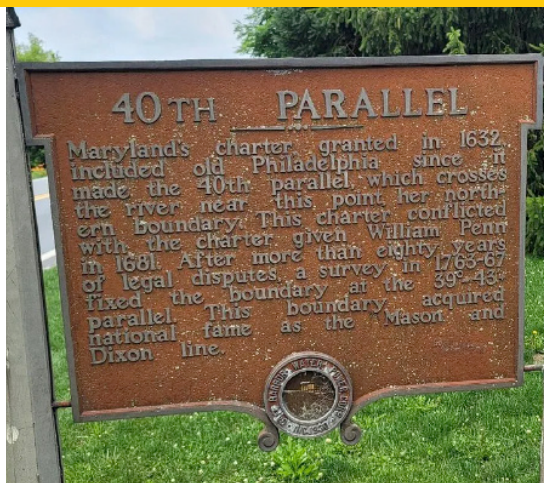
course on the banks of the Potomac) could take as much water as it pleased without regulation by Maryland. According to a majority of the justices, Maryland owned the land under the Potomac to the shores of Virginia, but not the water. Two justices dissented.

From the Calvert perspective, their northern boundaries were always under attack, especially by conflicting claims—including the Royal land grant in 1681 to William Penn to what would become Pennsylvania (Penn’s Woods).

To actively promote their claim for a northern boundary, the Calverts created Baltimore County in 1659-60, relying on the language of the Charter that extended it to the 40th parallel north from the Equator, or just above what is today York, PA. The Calverts pushed northward, leasing, granting and taxing land along existing pathways, including what became the Baltimore and York Turnpike (Route 45), but they did not get as far as York. Pennsylvania proudly

continued on next page

This 40th Parallel historical marker stands along a busy stretch of Pennsylvania Route 441 in Washington Boro, near the banks of the Susquehanna at the GPS coordinates of 40.000000-76.474000. There is no sidewalk, so use extreme caution when stopping



to view it. The marker reads: "40th Parallel. Maryland's charter granted in 1632 included old Philadelphia since it made the 40th parallel, which crosses the river near this point, her northern boundary. This charter conflicted with the charter given William Penn in 1681. After more than eighty years of legal disputes a survey in 1763-1767 fixed the boundary at the 39 degree 43 parallel. This boundary acquired national fame as the Mason and Dixon line."

pointed that out in a Historical Marker placed on the 40th Parallel, near where it crosses the Susquehanna River.

Among the first of the land grants in Baltimore County following the pathway northward on what would become York Road Turnpike was a tract of land patented (granted) to a Mordecai Price in 1726 called "Price's Chance," and another tract patented to a Samuel Price in 1797 as "Price's Enlargement," west of "Price's Chance."

The tale of the Prices and the ownership of this land scheduled to become the Broadmead Ridgebrook Campus is somewhat akin to the *New York Times* Crossword Puzzle, which once and possibly still occupies many a Sunday afternoon. There were several Mordecai and Samuel Prices who held title to extensive land holdings in Baltimore County. The Mordecai and Samuel of Price's Chance and Price's Enlargement probably were Quakers of the Gunpowder Meeting. There are many as-yet unanswered clues about whether they were involved in owning slaves, including a mysterious ad in a 1734 issue of the *Maryland Gazette*.

The intent with this *Voice* series is to work on the puzzle of who they were, and the subsequent history of their land grants—a journey that will take more than a Sunday afternoon.

Next time: *Mordecai and Samuel Price.*

AT RIGHT: "Price's Chance" (1726) in red outline, and "Price's Enlargement" (1797) in yellow outline, encompassing Ridgebrook at Broadmead (910, 920, 930 and 934 Ridgebrook Road), labeled in red—as drawn by Mike Pierce on Google Earth.

Take this A.I. quiz!

By Pat van den Beemt

Having heard so much about artificial intelligence (A.I.), I decided to try it out myself. I asked ChatGPT to give me a description of Broadmead's campus. I then described our campus in my own words. I also asked Marketing's Kristy Krueger to send me a campus description she uses in various brochures. Read the following three versions and try to figure out which were written by what humans, and which was done by artificial intelligence.

Good luck! The answers are on page 22 of this issue of the *Voice*.

1. Broadmead has 94 acres of sprawling countryside. Expanses of green, rolling hills, blue skies and fresh air all create an environment that is both calming and exhilarating.
2. Situated on 94 acres of rolling countryside, Broadmead's campus is designed for peace, natural beauty and rejuvenation. It boasts wooded hillsides, meandering nature trails and meticulously maintained grounds.
3. Broadmead boasts a 94-acre pastoral campus. Residents stroll along trails that follow Western Run or hike on trails that snake through forested hillsides. It features 100 species of trees that offer both shade and beauty.



Four books on the U.S. Revolution

By Elsa Collins

Ken Burns' PBS 2025 fall production about the American Revolution has been 10 years in the making. One of the focuses of the series will be the many competing and dissenting groups of Americans during the years of the war and the establishment of the U.S. Constitution.

For further learning on this timely topic, here are four books my husband Stant and I have found to offer broad insights into the American Revolutionary period's competing and conflicting segments of the population. The information in the works is supported by private correspondence, contemporary maps and ever-changing military operations.

- ***Alexander Hamilton***, by Ron Chernow,
- ***Fate of the Day***, by Rick Atkinson,
- ***Valiant Ambition***, by Nathaniel Philbrick
- ***1776***, by David McCullough

Tech help offered on Thursdays

Having trouble with your tech devices? Broadmead offers a regular tech help session in the Cabinet Room on Thursdays from 11 a.m. to noon. Residents are invited to bring their technology-related questions to Joe Cox, an IT support specialist from Prelude Services, a Broadmead contractor. He not only troubleshoots, he educates.

If your issue is complex or time-consuming, for a reasonable fee you can engage Joe to work with you during a private home visit. Questions? Contact George Pattee at gpattee@broadmead.org.

Watch out for bogus QR codes

By Victoria Bragg

Question: What is this thing?



It's a QR—"Quick Response"—code, and they're everywhere. Is it: (a) helpful; (b) convenient; or (c) trouble?

Each of these answers is "Quite Right," and that's the problem. QR codes are a shortcut to more information. Just by scanning the code with your phone you can read a menu or access a detailed report on a topic. They're often helpful and convenient, but the QR party-poopers are spoiling things.

Scammers love QRs for several reasons: (1) it's easy to print their own QR labels, which they load with instructions that send you to a fraudulent site or do a malicious download (Bad!); (2) you cannot tell they're malicious just by appearance; and (3) most automatic fraud tools cannot detect their malicious intent before you scan them. For example, scammers have replaced QR codes on parking meters with their own QR code labels.

If nothing else, find the setting on your device to turn off automatic downloads. Don't reject all QRs, but be as suspicious of them as you are of any other link. As usual, if the QR code wants information from you, proceed with caution.

Until next month, stay CyberSafe!

Security enhancements coming to campus

A two-week trial period requiring badge access for the two entrances off the Stony Run parking lot will end October 6. After that period, Joyce Malone, VP of Facility Services, reports that badge access will then slowly be implemented elsewhere in the community. The slow roll-out will allow time for residents and team members to become accustomed to having their badges with them at all times in order to gain access where they need to go.

The Hillside Homes will be the next part of the campus to be evaluated for security. The homes' front entrances are currently unlocked from 6 a.m. to 6 p.m. If badge access is required 24/7, says Joyce, "This would mean that delivery folks would be required to use the call box and be allowed in by residents. If residents are not home for the call, packages may go undelivered, which we don't want to happen." The Facilities office is working with key delivery companies, such as FedEx and Amazon, to ensure that they can gain access to the buildings for package delivery despite the badge requirements.

Joyce adds, "There will be more to come! We are just in the beginning phases of this project."

NEW RESIDENT PROFILE

Barbara Leons

A-13, 443-578-8221

bleons@towson.edu, August 12

By Pat van den Beemt

Long before Barbara Leons moved to Broadmead, she gave lectures here as a Towson University anthropologist. She said her fascination with that field began when she was young. By junior high school, she knew her future would include studying other cultures, focusing on their behaviors and their belief systems.



Barbara Leons.

Barbara Levine was born in 1938 in New York. After the Bronx High School of Science, she graduated from Brandeis University in 1959 and received a Master of Arts and a Doctor of Philosophy from UCLA in 1965. She spent several years as an assistant professor at the University of Pittsburgh, then joined Towson University as an anthropologist in 1970. She taught there for 30 years, alongside another Broadmead resident—Victor Fisher.

As a cultural anthropologist, Barbara traveled to Bolivia to do research. She lived in a rural peasant village, trying to understand the culture from the bottom up, not from the top down, she said. While the villagers had always grown coca, traditionally used like strong coffee, their lives were profoundly changed when drug traffickers concentrated it into cocaine for the international market. She edited the book *New Directions in Political Economy: An Approach from Anthropology* in 1979 and co-authored the book *Coca, Cocaine and the Bolivian Reality* in 1997.

Barbara, who is divorced, had two daughters. One is deceased and the other lives in Vermont. She has two grandsons in college, and her granddaughter is in graduate school.

Barbara admits to being a theater buff her whole life. She frequently attended the New York City Ballet and was a longtime usher at Everyman Theatre in Baltimore. Museums and symphonies are also on her must-do list. A voracious reader, she said her home in Rodgers Forge, which she still owns, is filled with thousands of books.

Trips set for Recycling Facility

On October 14 and 27, the BRA and Broadmead's Transportation department have scheduled short trips to the Baltimore County Recycling facility on Warren Road. The \$5 cost will be billed to residents' accounts. *Contact Lisa Berres or Sue Appling.*

Clip & Save!

Broadmead's "+ 4" postal codes can improve deliveries

When addressing mail to someone at Broadmead, or when ordering something online for delivery here, there's a much better chance of getting accurate postal delivery if the correct 4-digit code after our Zip code (21030) is used.

Here's a list of the various 4-digit codes for the garden homes, Hillside Homes, and Broadmead Center.

Cluster A.....	1805
Cluster B.....	1815
Cluster C	1868
Cluster D	1869
Cluster E.....	1870
Cluster F	1871
Cluster G	1872
Cluster H	1822
Cluster J	1823
Cluster K.....	1889
Cluster L	1875
Cluster M.....	1891
Cluster N	1892
Cluster P	1993
Cluster Q.....	1994
Cluster R.....	1995
Cluster W.....	1844

Upland, first floor.....	4412
Upland, second floor...	4414
Upland, third floor	4404
York, first floor	4406
York, second floor.....	4408
York, third floor.....	4410

Broadmead Center1899

Go to tools.usps.com/zip-code-lookup.htm to look up Zip codes PLUS the 4 digits.

New wrinkle for the Shakespeare Reading Group

The Shakespeare reading group meets twice a month, on the first and third Tuesdays, in the auditorium at 2 p.m. The gatherings involve discussing the Bard's plays and watching film versions of them. Reading the plays, according to Tom Scheye, the group's leader, "is strictly optional." He reports that during the fall semester, Broadmead participants will be studying along with a class of seniors from Friends School, who will be joining the sessions at Broadmead after having already read the plays and viewed the films at the school. "Watching youth and age confront Shakespeare together should be interesting," observes Tom.

Course in quilling to be offered

Quilling, a decorative art form that involves rolling, shaping, and gluing strips of paper onto wooden forms, will be taught on four Mondays during October (6th, 13th, 20th and 28th) from 3:15 p.m. to 4:45 p.m. in the Arts & Ceramics Studio. The project instructor is Tracey Robbins, who for many years has taught craft courses to children and adults around Baltimore, including at the Myerberg Center, the Jewish Community Center and (for the past three years) Broadmead. *To sign up, contact Leslie Glickman at lblickman@verizon.net or 410-530-8804.*

Hillwood Museum & Garden Trip

The BRA and Broadmead's Transportation department have scheduled a trip to the iconic Hillwood Estate's Museum and Gardens in Washington, DC on Thursday, October 9. Hillwood Estate was the home of Marjorie Merriweather Post, an American businesswoman, socialite, and philanthropist. She was the daughter of C. W. Post and the owner of General Foods Corporation. For much of Post's life, she was known as the wealthiest woman in the U.S. *For more information and to sign up, go to Caremerge or look for the flyer in the main mailroom. Questions? Contact Lisa Berres or Sue Appling.*

NEW RESIDENT PROFILE

Jeannie MacDonald

Y-308, 443-750-2155

solarpmom@aol.com, July 1

Text and photo by Lynne Shue

Family is very important to Jeannie MacDonald. Born in New Hampshire, she grew up there and in New York State. Jeannie earned a B.A. in elementary education at the University of New Hampshire. She says that when she met Bill at the Outing Club Cabin in Franconia Notch, she knew he was "the one." They just celebrated their 53rd anniversary on September 2.

Jeannie moved often because of her husband's job. She taught in Connecticut for three years, moved to New Jersey for three years, and then back to New Hampshire for ten years, where she devoted

the decade to raising the couple's children. Jeannie shared her love of nature and the outdoors with them through hiking and exploring, as well as reading extensively to them. She also taught aerobic dancing and enjoyed running. Her favorite race was to the top of Mt. Washington.

When both children were in school, Jeannie returned to teaching first grade in New Jersey for 23 years. While in New Jersey, Jeannie earned a master's in education at Georgian Court University. She also raced in



Jeannie MacDonald.

five marathons, two times in Boston.

In 2011 the MacDonalds moved to the Baltimore area so they could help their daughter raise her two children. Their son has three children, which brings the total number of grandchildren to five.

Jeannie and Bill were passionate about traveling with their family. She and Bill continue traveling now, mostly to ancient sites. Jeannie loved climbing inside the Great Pyramid of Giza. She and Bill also witnessed the "zenith passage" of the sun in the temples of Angkor Wat, which only occurs for a few minutes each year.

Nowadays, Jeannie likes hiking in nearby parks with a group called the "Walkie Talkies." She is also learning Spanish online. She enjoys singing in choirs and has already joined Broadmead's chorus.

TECH TIP: OCTOBER 2025

For your physical therapy program follow-up at home, hand your cellphone to your therapist to videotape you. Then watch yourself at home as you perform the program. What you see, you do. —

Don Killgallon

NEW RESIDENT PROFILE

Bill MacDonald

Y-308, 443-845-9721

bmaceieio@aol.com, July 11

Text and photo by Lynne Shue

Although he didn't grow up on a farm, Bill enjoys having his last name, as shown in the photo of him with his license plate. Bill was born the fourth of 13 children in Vermont and spent his early life growing up in New Hampshire. As a young man, he earned a B.S. in mathematics from the University of New Hampshire and three different master's degrees in computer science, software engineering, and educational technology. Luckily, between semesters during his freshman year he worked at a ski race in New Hampshire, because that was where he met his wife, Jeannie. Two and a half years later, they were married just before their senior year.



Bill MacDonald.

After graduation, Bill spent 26 years at Bell Labs, where he initially wrote computer-aided design software and then led the development of a series of telecommunications products for network access, fiber optics transmission and secure encrypted telephony. His job involved a lot of travel in the U.S., as well as to Asia, Australia, and Europe, which included a three-year assignment in Nuremberg, Germany. After retiring from Bell Labs, Bill taught AP mathematics and computer science at a public school in New Jersey for nine years. He introduced distance learning at that school and later at the Roland Park Country School, where he taught for eight years. Bill began teaching at Roland Park just as they were starting their STEM program.

Bill and Jeannie love to travel to unusual places around the world to study archeology and archaeoastronomy at ancient sites with Dr. Ed Bernhart, whom they discovered through a Great Courses program. They also like to go to parks where they can do a lot of hiking. It's no wonder that they chose to live at Broadmead, with its natural surroundings and outdoor trails.

Get to know what's in our library

Go to <https://bm-ind.narvi.opalsinfo.net/bin/home#0> to browse the holdings in Broadmead's library and to learn about the latest books added to the collection. The library also houses a reference section that includes back issues of the *Voice* and alphabetized resident profiles going back to Broadmead's beginnings.

First Monday Book Group

Monday, October 6 • 10:30am

Fireplace Room

The Paris Express, Emma Donohue

Train enthusiasts invited!

Books: The Classics

Jane Austen's *Persuasion*

Monday, October 20 • 10am

Fireplace Room

Broadmead Writers

Mondays • 1-2:30pm

For information contact Maggie Babb
at maggiiebabb@gmail.com

Greenhouse

The greenhouse will open on

Friday, October 24.

Residents are responsible for getting
their plants to the greenhouse
and caring for their plants.

For questions, contact Kathleen Truelove.

Let's Sing

Wednesday, October 15 • 7pm

Auditorium

Come and sing your favorite tunes with
accompanist Jonathan Jensen.

All are welcome. No experience necessary;
lyric books provided.

Questions?

Sharon McKinley 410-660-9147

MaCCRA Presentation

Wednesday, October 8 • 7 pm

Auditorium

Speaker:

Bruce Hartung, President, MaCCRA

Topic: "MaCCRA is Your Voice:
Protecting and Advancing Your Interests"

Music Committee Presentations

Heartlands Marimba

Friday, October 10
7pm • Auditorium

Frederick Moyer, Pianist

Wednesday, October 22
3pm • Auditorium

Baltimore Choral Arts

Sunday, October 26
3pm • Auditorium

Literary Salon 2025

Tuesday, November 4 • 7:00 p.m.

*What's your jam? What flavor are you?
fiction? non-fiction? poetry? essay?*

Come read your writings aloud to your
fellow residents in the auditorium.

Sponsored by Broadmead Writers.

Send a short piece of your writing
(5 minute maximum) to

maggie.babb@gmail.com

Deadline for submissions: 27 October

New Arrivals

Ken and Margaret Strubler

October 9, L-3

Ken: 443-841-0997,

Margaret: 410-591-3396

Linda Tooma

October 2, D-1

410-215-8126

Quaker Meeting at Broadmead

Sundays 10:30 • 11:15am

Fireplace Room

All residents are invited

Resident Email Lists

(for current residents only)

To join the Broadmead resident email list,
send an email to:

brabroadmead@gmail.com

NEW RESIDENT PROFILE

Carol Rychcik

R-17, 443-578-8404

carolrychcik@yahoo.com, July 18

Text and photo by Sharon McKinley

Carol Gray Rychcik has cruised into Cockeysville to be near her daughter, Jennifer, who lives in Parkton. Carol spent many years in Albany, NY before moving to Broadmead. Born in Schenectady, she graduated from Russell Sage College with a B.S. in accounting. She started with an A.A. degree and then, 20 years or so later—as a mother with three children as well as a full-time job—she decided to go back and finish the Bachelor's. Carol then worked for the New York State Insurance Department as an insurance examiner. After retiring, Carol started a pet-sitting business for cats and dogs, and enjoyed it so much that she worked at it for 10 years.



Carol Rychcik.

Carol was married to Frank Rychcik for 35 years, until his death in 1995. They had three children: Jennifer; Kent, who lives in Charlottesville, VA and has two children; and Kurt, who lives in the Adirondacks.

Moving so far from upstate New York has been a lot of work, but Carol is settling in, and her many hobbies coincide with Broadmead's offerings. Among them are the gym, walking, and reading. Carol has traveled extensively throughout the United Kingdom and Europe, with Scotland and Norway being favorite destinations. She even took a cruise along Norway's coast on a mail ship, enjoying all the stops it made at out-of-the-way places.

Carol loves music, especially classical and jazz, and she loves being outdoors, which has made Broadmead an ideal choice for her.

Movie Musical: "Bye Bye Birdie"



A Movie Musical

Wed., October 1 at 3pm • Auditorium

A musical about a rock and roll singer, Conrad Birdie, who is drafted into the army. Before leaving, he gives a final kiss to a fan on "The Ed Sullivan Show." The musical is a satire of 1950s American culture, teenage fandom, and the music industry. (1963); Run Time: 1 hour 52 minutes

Sponsored by the BRA Music Committee. Questions? Contact Don Killgallon at dkillgall@gmail.com or 410-804-7446.

Muffin lives a good life in Upland

Text and photo by Jackie Mintz

In July 2024, Muffin left her temporary residence at Defenders of Animal Rights to join Fred Yardley in his Upland home.

A pretty cat with long grey and white fur and a white chin, Muffin has a comfortable cozy demeanor and greets strangers with calm interest. As to her pedigree, Fred was not sure, but assured this reporter that she was “part cat.”



Muffin invites brushing or a belly rub (above) and concentrates on an object (below).



While basically a calm kitty, Muffin is very fond of toys, of which she has many, including her favorites, a hide-and-seek butterfly cat toy, a play tunnel and a laser chase light.

Muffin loves to be brushed, especially if she is stretched upside-down on her back. She falls in the relatively rare category of cats that like to have their bellies brushed and rubbed.

She also loves to knead, particularly while perched on Fred’s lap, and was well on her way to destroying a pair of his slacks until he started to cover his lap with a thick bathrobe.

One habit of Muffin’s—sleeping next to Fred at night—was more problematic. While endearing in itself, it was accompanied by a habit of waking him up by stroking his nose at 2 a.m. Muffin is no longer allowed to sleep in the bedroom at night. The rest of the time, however, she rules the roost.

Socrates Café

Short video: “Why Time Feels Faster As We Age: The Philosophy of Time”

Question to probe: How has our perception of time evolved during stages of our lives?

Tuesday, October 21

10:30-11:45am • Auditorium

Sponsored by Towson Unitarian Universalist Church

Open to all

Greater Barn Sale

Friday, Oct. 17 • 10am to 3pm &

Saturday, Oct. 18 • 10am to 12:30pm

Come out to see what we have to sell at bargain prices, or just come out to meet new friends!

See page 1 for more details.

Broadmead Stitchers

Join fellow needleworkers for any kind of handwork/stitching (felting, crocheting, knitting, needlepoint, whatever) on Tuesdays from 1:30-3pm in the Arts and Ceramics Studio.

Participants share their work and ideas, chat and help each other.

Bridge, Anyone?

Duplicate Bridge is at 1 p.m. on

Mondays and **Rubber Bridge** is at 1:15 p.m. on **Wednesdays** (with lessons at 12:30 p.m. that day), in the Fireplace Room.

Contact Sumner Clarren at s_clarren@msn.com to join the bridge email list or to request a partner.

HOW TO MAKE A CATERING REQUEST

1. Go to “Online Requests” on Caremerge.
2. Select “Room Requests and Catering Requests.”
3. Fill in the requested information and submit.

Questions? Email catering@broadmead.org or call 443-578-8235

Check out the BRA’s archives

Learn about Broadmead’s history, residents, publications, and other documents, conveniently indexed on the BRA website:

http://archives-broadmead.net/index.php/Main_Page

Open Forum Programs

Thurs., Oct. 2: Joe Tubman, Director of Dining and Hospitality at Broadmead.
“New Directions for Dining Services and Hospitality”

Thurs., Oct. 16: Herb Goldman
“Penguins Revisited!”
(What are they up to??)

Thurs., Oct. 30: Brian Rollfink, Education Director for Wild Birds, Inc.
“The Turkey Vulture—their annual migration and impact on Broadmead”

All programs are at 7pm
in the auditorium

“Reflections on Elderhood”

“Reflections on Elderhood” discussion groups are tentatively being planned for the following sessions. This program is sponsored by the BRA Health Care Committee. Barrett Rudd is the facilitator and Elenor Reid is the organizer and contact person. Further details are to be determined; watch for information.

Fall 2025

Reconvene Winter 2025 Reflections Group—one session
Reconvene Spring 2025 Reflections Group—one session

Winter 2026

New Reflections Group—smaller size; four meetings

Late Winter/Spring 2026

New Reflections group(s)—size and number of meetings to be determined

A.I. Quiz answers

from page 15

Answer #1 is by Marketing, #2 is by Chat GPT, #3 is by Pat van den Beemt.

FROM THE ARCHIVES

October 26, 1979 – the first edition of the Voice

COMPLETION SCHEDULE

As you all know, our final completion schedule was altered in mid-September due to delays caused by the unprecedented rain pattern of this past summer. The new schedule calls for initial occupancy of the last clusters (E and G) by November 20. Broadmead Center is nearing completion and should be finished by Thanksgiving. Landscaping will continue as long as the weather permits but will undoubtedly need to be completed in the spring.

Text in this archival item, sourced by Kathleen Truelove, is original, including any spelling errors.

Speaker on Oct. 9 to address loneliness

Patricia D. Fosarelli, M.D. will conduct a program on “The Silent Struggle of the Soul” on Thursday, October 9 at 10 a.m. in the auditorium. She will address the experience of loneliness, blending theological insight with emotional wisdom. The presentation is sponsored by the Center of Excellence in Health and Wellness. Questions? Contact Angela Bullock at abullock@broadmead.org or 443-578-x8093.

Monthly bus trips to Sparks Elementary

Residents wishing to engage with kindergarteners at Sparks Elementary School are encouraged to take part in a Broadmead-sponsored monthly visiting program at the school. The program is sponsored by the Center of Excellence in Health and Wellness. For more information or to sign up, contact Kirsten Oudin, Volunteer Coordinator, at koudin@broadmead.org or 443-578-x8089.

On-campus shuttle schedule

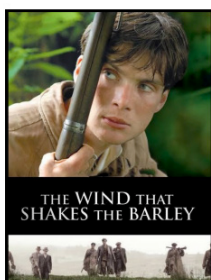
The On-Campus Shuttle is available Monday through Friday from 12:30 p.m. to 8:00 p.m.; on Saturday from 3:30 p.m. to 8:30 p.m.; and on Sunday from 11:00 a.m. to 2:30 p.m.

The shuttle typically makes rounds to and from Broadmead Center every 20 to 30 minutes, picking up or dropping off residents along Copper Beech Road.

If the shuttle service is needed outside of these timeframes, call the Transportation Office at 443-578-8023.

OCTOBER MOVIES AT BROADMEAD

Saturdays & Tuesdays • Auditorium • 7:00 p.m.



Saturday, Oct 4: The Wind That Shakes the Barley

Kanopy, Amazon rental

The film tells the fictional story of two brothers, Damien (Cillian Murphy) and Teddy O'Donovan (Pádraic Delaney), who join the Irish Republican Army to fight for independence from the U.K., only to find themselves on opposite sides during the Irish Civil War. Directed by Kenneth Loach. 2006 War drama R 2 hr 6 min



Saturday, Oct. 11: The Naked Gun

Kanopy, Amazon rental

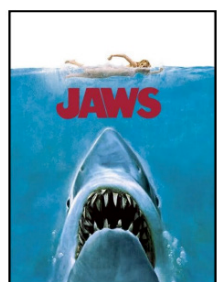
The original, and the better one. With Leslie Nielsen, Priscilla Presley, Ricardo Montalban, George Kennedy. Directed by David Zucker. 1988 Crime comedy PG-13 1 hr 25 min



Tuesday, Oct. 14: Sunlight

Amazon rental

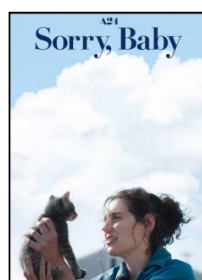
A suicidal man and a woman in a full monkey suit take a road trip. The woman is fleeing an abusive stepfather and wants to start a banana boat ride business in Colorado. The man is a former radio host and wants to dig up his dead father. Written and directed by Nina Conti; co-written by and co-starring Shanoah Allen. 2025 Comedy/Drama R 1 hr 25 min



Saturday, Oct. 18: Jaws

Amazon rental

The 50th anniversary. Directed by Stephen Spielberg; starring Roy Scheider, Richard Dreyfuss, Robert Shaw, and a couple of malfunctioning mechanical sharks. 1975 Thriller PG 2 hr 4 min



Saturday, Oct. 25: Sorry, Baby

Amazon rental

Eva Victor stars as Agnes, a university professor who enjoys her life in academia but is haunted by a “bad thing” that happened when she was a student. With Naomi Ackie and Louis Cancelmi. Written and directed by Victor. 2025 Drama R 1 hr 43 min



Tuesday, Oct. 28: The Man Without a Past

Arriving in Helsinki, a nameless man is beaten badly by thugs and recovers only to find that he has lost his memory. Back on the streets, he attempts to begin again from scratch and is attracted to a Salvation Army volunteer. Written and directed by Aki Kaurismäki. In Finnish with subtitles. 2003 Drama/Comedy 1 hr 37 min

Please note that the movie schedule is subject to change.

Audiovisual committee continues to need volunteers

Many BRA activities require AV support. The AV committee continues to need volunteers to handle microphones, show movies and set up presentations.

The committee provides training. Prior experience is not necessary. *To get involved, contact MJ Schroeder, AV Coordinator, at mjschroeder13081@gmail.com.*

MULTICULTURAL NEWS

Dr. Jennifer Maraña to lead interactive program

By Gwen Marable

On October 15 from 3 to 4 p.m. in the Auditorium, Dr. Jennifer Maraña, a yoga instructor, Reiki master and life empowerment coach,



Jennifer Marana.
Photo courtesy of the Potential Unleashed business coaching company.

will present an interactive program including reflection, breath work and gentle seated yoga postures. Participants will learn simple practices to stay grounded.

Many residents remember Jennifer when she was a vice president

at Broadmead. She believes, “Belonging is more than an organizational goal—it’s a pathway to healing, resilience and growth.”

The program is sponsored by the Multicultural Committee.

BIRDWATCHING AT BROADMEAD

Watch for the Great Egret

By Debbie Terry

The Great Egret is the symbol of the National Audubon Society and is seen around the Loch Raven watershed in large numbers all through September.

Great Egrets breed along the Atlantic coast and nest in colonies called rookeries. They then start to migrate, and their numbers drop slowly through October. In earlier fall seasons, Great Egrets have spent a few days at our storm water management pond.



Photo courtesy of the Maryland Diversity Project.

The Merlin bird app, downloadable to phones, not only aids in identifying birds we see but also identifies birds we hear.

As the picture shows, Great Egrets grow delicate white feathers during breeding season. In the 19th and 20th century, these feathers were used for hats and other fashionable items. Great Egrets nearly became extinct because of the depredations of plume hunters. It was the widespread killing of Great Egrets that spurred the passage of the Migratory Bird Treaty Act of 1918.

Maybe some young Great Egrets will stop over at our pond this year on their journey south. Keep looking for them.

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Editor: Alice Cherbonnier • **Editor Emerita:** Kathleen Truelove • **Business Manager:** Jai Dixon • **Editorial Board:** Alice Cherbonnier, Gwen Marable, Sharon McKinley, Jackie Mintz, Francine Nietubicz, Lynne Shue, Willy Sydnor, Kathleen Truelove, Pat van den Beemt • **Information Box Manager:** Francine Nietubicz • **Proofreaders:** Alexandra Doumani, Leslie Glickman, Sharon McKinley • **Circulation:** Kathleen Truelove • **Computer Advisor:** Victoria Bragg • **Lay-out & Typography:** Alice Cherbonnier **Printer:** J.H. Furst Printing Co.

VOICE PRODUCTION NOTE: The *Voice* has transitioned to a “paperless” proofreading system, using “track changes” features. We are also using A.I. as an aid to proofreading, which helps with routine matters but is no substitute for humans—yet! The *Voice* salutes with deep appreciation our “paper” proofreaders who have served so diligently for many years.

EDITORIAL POLICY: The *Voice* is published September through June by and for the Broadmead Residents Association, whose president is Stan Wilson. It seeks to announce and report on activities at Broadmead and to carry news, features and photos of interest to residents. As its major goal is to promote a sense of community, the *Voice* does not publish criticism or controversial opinions about individuals or about the three organizational bodies that constitute Broadmead (residents, administration and trustees), as there are established procedures for the resolution of internal problems. The *Voice* will not publish matters of a religious or political nature, except in the context of reports about events on campus. Publicity for upcoming events is preferred to reports on events already held. Submissions from outside media are not published owing to space limitations and possible copyright issues.

Decisions about content as well as writing and photography assignments are made by the Editor in consultation with the Editorial Board, at meetings usually held the fourth Tuesday of each month. Ideas or suggestions for articles should be submitted to the Editor, Alice Cherbonnier, by email: alicecherbonnier@gmail.com. Only electronic files are acceptable, in Word or Pages. All copy is subject to editing, including for length. Photos should be submitted in high resolution (“actual size”).

Deadline for submissions for the November issue is the 15th of October. Please query the Editor if you have a story idea.